

FEBRUARY IS

WE ♥ SENIORS MONTH!

♥ **WEDNESDAYS *in February*** ♥

SENIOR DISCOUNT MASSAGE

\$60/One Hour

Relaxation Massage!

(NORMALLY \$75) Please call for your appointment.

♥ **MONDAYS *in Feb* 5:00 pm** ♥

Tune into your body, take an energy bath, release stress, increase stability & balance, clear and build energy, re-center and relax.

QIGONG CLASS with Mary Storey Gardner
All Qigong in February ONLY \$10!!!

♥ **TUESDAY, *Feb 2nd* 6:30pm** ♥

AROMATHERAPY CLASS with Linda Preston

Learn how to boost immunity, kill viruses, prevent illness and maintain wellness.

A fun and informative class.

Senior Admission Discount \$15. (Normally \$25)

Pre-registration required.



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508-760-5667

www.capecodbodyandsoul.com