

Any of our applications can be used in combination to create a session or group of sessions that are individually tailored to your needs. We also have Gift Certificates for any service or amount.

Message Application

Relaxing Massage. 30 min. \$45, 60 min. \$75, 90 min. \$115.

Any combination of massage, using light to moderate pressure strokes to relieve stress, soothe muscles, stimulate circulation, and facilitate relaxation.

Pre-natal Massage. 60 min. \$75, 90min. \$115.

A gentle massage for the expectant mother to alleviate the discomforts of pregnancy

Therapeutic Massage. 60 min. \$85, 90 min. \$125.

Any combination of Swedish with neuromuscular, trigger point work, deep tissue, myofascial release, medical massage, sports massage, reflexology, and stretching. Techniques are specifically focused on problem areas to relieve pain, stress, and injury. Benefits are deep release and relaxation.

Hot Stone Massage. 60 min. \$110, 90 min. \$165.

A healing combination of the therapists hands and hot basalt stones are applied to the body. Through massage and strategic placement of stones, a deeply therapeutic heat application, creates a deeply relaxing effect.

Raindrop Therapy. 60 min. \$100.

Dispersion of pure, therapeutic grade essential oils like raindrops on your body. Oils are massaged into back and feet. A hot towel treatment assists deep penetration into the tissues is an intensive, non-invasive treatment facilitating electrical alignment, supporting immune function, releasing energy blocks, and relieving pain.

Chair Massage. 20 min., \$25.

A seated massage, fully clothed in our riverview sanctuary will give you a quick pick-me-up. For massage addicts, this is just an appetizer. This service may be booked for events and occasions. Minimum 1 hour plus travel fee.

Companion Relaxing Massage. 60 min. \$150, 90min. \$230.

Enjoy massage in the same room with your loved one or friend. A great shared experience. Upgrade to Therapeutic Massage and/or Aromatherapy.

Out-Call Massage. 60 min. \$150, 90 min. \$190

Our therapist will travel to your location for your convenience.

Thai Massage. 60 min. \$85, \$90 min. \$125.

A magical combination of compression to all major muscle groups with stretching and energy work.

Received on a mat on the floor in loose fitting clothing. You will feel like someone has done your yoga practice for you!

Special Offerings

Aqua Chi Foot Bath. 40 minutes. \$40.00

Ionized energy is transmitted into the body through the feet when they are immersed into a bath of warm water. This assists your body in the detoxification process. Relaxing and energizing.

Castor Oil Packs. 60 minutes. \$50.

Applied to the abdomen as frequently recommended by Edgar Cayce. It works to stimulate and nourish the lymphatic system, liver, and other vital organs. Also relieving congestion to the colon. It may also be used to relieve pain in joints and other parts of the body. Relaxing as well as healthful.

Aromatherapy. \$10 added to any session.

We use only the pure, therapeutic grade, Young Living Essential Oils which oxygenate and nourish cells, bringing wellness to body, mind, emotions and spirit.

Energy Work

Reiki. 60 minutes \$75.

Healing energy is transmitted through the hands of the practitioner, both on and off the body. Increasing vitality, balancing energy, and your body, mind and spirit utilize this life force as needed. Deeply relaxing.

Chakra & aura balancing. 60 minutes \$85.

The auric system, which includes the chakras, is the interconnecting system between the physical, emotional, mental and spiritual parts of us and our environment. A deeper, more focused energy healing modality. Issues and blockages can surface and clear. Promotes personal growth, balance, improved functioning in life.

Craniosacral. 60 minutes \$85.

Balance is restored to the craniosacral system, which is self-enclosed and includes the cranium, spine and cerebrospinal fluid which is rhythmically pumped throughout that system. That rhythm echoes throughout the entire body and reveals imbalances due to injury, trauma, and stress. A session relieves pain, distortion, confusion, and imbalances.

Integrative Body Work. 60 minutes \$85.00

Combine energy work with massage therapy.

Spa Applications

Soul of the Feet. 60 minutes \$85.

A jacuzzi with our healing soap formula cleanses and soothes tired, achy feet. Salt glow gently exfoliates dead skin cells. Enjoy a luxuriating application of pure, therapeutic grade essential oils to deeply heal and hydrate while receiving a wonderful combination of reflexology, foot and calf massage.

Soul of the Face. 60 minutes \$85.

This facial treatment begins with a gentle cleansing, warm towel wrap, and a marine algae mask.

Receive hand and foot massage treatments while you relax with the mask. Followed by a beautifying massage with our essential oils and vitamin c serum on face, neck and shoulders. Finished with a light protective moisturizing lotion.

Soul of the Body. 90 minutes \$150.

This special treatment begins with a gentle powdered herb & spice exfoliation over the entire body. Hot sesame oil and essential oils are then massaged into the skin blending with the herbs for nourishment to body and enhancing health. You will rest in a thermal wrap for absorption and detoxification. Totally relaxing and rejuvenating.

Salt & C of the Earth Body. 60 minutes \$ 95.

Your skin will be radiant with this salt, glow exfoliation treatment, administered with light massage strokes. A cleansing will follow and the finishing touch will include full body application of Vitamin C moisturizing lotion for a touch of anti-aging.

Mermaid Seaweed Body Wrap. 60 minutes \$110.

Rich in nutrients and oxygen, seaweed detoxifies the body and nourishes the skin. Seaweed application is brushed on the body in strokes to stimulate venous flow. You are cleansed, a finishing lotion is applied, and you will leave feeling totally refreshed.

Packages

High Soul of the Mermaid Package. \$299.

Combine Salt & C of the Earth Body, Mermaid Seaweed Body Wrap and a One Hour Hot Stone Massage.

The Aromatic Body & Soul Package \$295

Aqua Chi, Soul of the Face, Raindrop Therapy & One hour Aromatherapy/Relaxation Massage.

Body & Soul Combination Packages. For 3 one-hour treatments or more, receive 5% off a one-visit package.

Economy Packages

Massage Economy Card Packages

10 relaxation massages, 12 week expiration. \$650.

10 Therapeutic massages, 12 week expiration, \$750.

10 sessions to be used in 24 weeks, save \$50. Aromatherapy

Upgrades; add at time of session for \$10.

Aqua Chi Economy Card Packages

10 sessions @ \$350, expires 11 wks

20 sessions @ \$600, expires 22 wks

Healing/Counseling Applications

Kabbalistic Healing / Counseling. 60 minutes \$125.

In Kabbalah, the foundation of this work, the Tree of Life is a dynamic template for wholeness, which exists in each of us. It becomes enlivened in the session through discussion. The client is able to access deeply hidden issues. A hands-on energy healing is provided, specific to those issues. Lasting changes are made bringing freedom from stuck, repeating patterns and self-limiting experiences of life.

Distance Healing. Any of our ENERGY APPLICATIONS

or COUNSELING APPLICATIONS can be received over the phone at a distance.